



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

New Deep End Testing Policies

Effective January 2, 2017

Deep End tests will be conducted immediately following the end of swim lessons for that day and upon request when an additional lifeguard is available. Tests WILL NOT be able to be performed when only 1 lifeguard is on duty. Please ask if there are any questions.

Lifeguards can use their discretion as to the ability of a swimmer on a particular day. For example if a member has passed the Deep End test and the lifeguard is not comfortable with their swimming ability on that particular day, they can mandate that they stay in the shallow water with the non-swimmers. At that time, notation will be made to indicate that this member should be tested again.

A member needs to swim for 25 yards with arms out of the water in a horizontal position and demonstrate that they can put their face in the water. Tread water for 1 minute and float on back comfortably. This all needs to be performed continually without a break.

Wrist Bands for Swimmers:

Green Swimmers: Those that have passed the Deep End test. They are able to access all areas of the pool.

Yellow Swimmers: Those that are over 5 ft tall but have not passed the Deep End Test. These swimmers will need to remain in the shallow end but will not have to wear a lifejacket or have an adult in the pool.

Red Swimmers (Non-Swimmers): Those that are under the age of 6 and under 5 feet tall, will need to remain in the shallow end and wear a lifejacket.

WRIST BANDS WILL BE GIVEN AT THE DESK WHEN A MEMBER SCANS THEIR CARD.

**IF YOU DO NOT SCAN YOUR CARD
YOU WILL NOT BE ELIGIBLE TO GET YOUR WRIST BAND.**