

December 12

Santa Claus came early to the YMCA this year as we got a very generous gift from the Fred L. Emerson Foundation which we used towards the purchase of Camp Rotary. A huge thank you to the Fred L. Emerson foundation as well as the many other individuals and groups in Cayuga County who worked long and hard to make this acquisition possible. For those of you who don't know, Camp Rotary is located adjacent to the YMCA's camp Y-Owasco and consists of approximately 24.5 acres of land and 2,200 feet of lake frontage, many lodges and outbuildings. What a wonderful opportunity for the youth of Cayuga County to experience the many sides of camping. Director Joe Murphy will now be able to program a variety of activities and events on a much wider basis. Since Joe is right now heavily planning winter camp at the Auburn YMCA, December 29th and 30th, I can only imagine what he will come up with for next summer. Again, many thanks to all of our supporters, especially the Fred L. Emerson Foundation for making this purchase possible.



The Auburn YMCA held its **31st Annual Freeze- Out Racquetball** tournament last weekend with over 70 people playing.

Congratulations to all of the winners: Open Singles, Jeff Hanno; A-singles, James Peters; B-Singles, Srisatish Devapatla; C-Singles, Nathan Hughes; Junior A-Singles, Nathan Hughes; Open Doubles, Jeff Hanno and Joe Reding; B/C Doubles, Don Dear and Scott Reading. Competition was fierce with players from Auburn, Syracuse, Watertown and Canada. Special thanks to tournament sponsors, Custom Engraving, Daut's, Multi-Image and Ektelon.

Skaneateles YMCA will be hopping with activities during December. Friday, **Y Day** is every Friday with a different activity. December 16th will be Holiday Treats, December 30th is Fortune Cooking Making. Both of these are free and open to the public. There will also be a **Learn to Skate Camp**, December 26, 27, 29 and 30 at the Skaneateles rink. Fees for Y-members will be \$50 with General Public fees are \$70. If you are at the Skaneateles YMCA, be sure to check out their beautiful new Group Fitness room. Bill Brown, our maintenance director was instrumental in getting this all fixed up and it looks great and Tracey Swietionowski, Fitness Director at Skaneateles YMCA put her part in by adding relaxing decorations to complete the mood of the room.



What really is the **TRX training program**? Is it a hard class? Will I get a good workout? Come to one of our demo classes and get your questions answered. Classes are Monday, December 19th at 9:15 am, Tuesday, December 20th @6:00pm, or Wednesday, December 21st at 4:30pm. This is definitely a great way to pump up your training.

“It’s all due to the Y!” That was a statement that someone recently made to me when I remarked how good they looked. While I think it was more due to the person’s determination with some support by us ,but it is always nice to hear that we are making a positive impact on someone’s life. Thank you to everyone who is appreciates all that we do.