

January 24, 2012

Winter has finally descended upon us and people are taking advantage of the warmth of the Y to get away from snow, ice and wind and plan their workout inside. The cardio room has been busy with many of the machines constantly being occupied. This morning, the Auburn YMCA had its monthly Hospitality Hour with many people taking advantage of snacks and warm coffee before they went back out to brace the elements. **Thank you to Indelicato's** for their donation of the meat and cheese trays to be enjoyed by our members. We always try to feature a local restaurant or food store which gives them free advertising and us a chance to try many different specialties. If you are interested in being featured at our Hospitality Hour, please contact Joni Brown at 253-5304.

Joni is also getting everything ready for the annual **Emerson Dance** for Auburn High School freshmen and sophomores. This year's dance will be March 24 from 8:00pm and 11:00 pm at the Holiday Inn. DJ entertainment will be provided as well as a light buffet. The cost of a ticket is \$32 and a student ID must be presented at both the ticket purchase and to enter the dance. This dance is open only to Auburn High Students in grades 9-12. Tickets will be available for purchase starting February 27, 2012. For more information, please call the Auburn YMCA at 253-5304.



Mark the date for our annual **Health Fair** which will be held this year on Saturday, March 3 from 7:30 am to 10:00am in the B-gym. This event is free and open to the public and will provide blood testing by the AMH Laboratory for cholesterol and triglycerides. There will also be chair massage, blood pressure testing and many other vendors with medical information. Remember, if you want to have your blood tested, you must fast for 12 hours before the test.

Of course the BIG event that is only two weeks away is **Amy and Mena's Pajama Party**, which will be held at the Auburn Holiday Inn on Friday, February 3 from 6pm until midnight. This is going to be an outstanding event with lots of vendors, a DJ, karaoke, Zumba dancing, door prizes, chair massage and light snacks. Amy and I cannot wait for this event to take place. We are so grateful to our many sponsors, ALFAC, Summit Auto, Savannah Bank, Razzle Dazzle Photo Booths, and Holiday Inn. We also must thank our two big sponsors, Mike Lynch and Lynch's furniture for their donation of a beautiful cherry full length mirror and Bob Simmons, Rick "Habbada" Prairie and RJ Jewelers for the stunning white gold, diamond pendant (.22tw) which they donated. Pat "Pyle" Sargent from B.E. Wright Distributing Co. has also donated 5 cases of water, some beverages and 3 door prizes for the PJ party. Amy and I have selected the T-shirt colors and design and we are eagerly anticipating finally getting the whole event started. You can check the YMCA Facebook page for pictures of the t-shirt and both prizes. There will also be lots of door prizes and the pajama judging. Be sure to sign up for the fun, fun, fun event..you won't want to miss it.

We recently read about the passing of one of our long time members, Bernie Lane. Bernie used to come here to participate in the Rusty Hinges program and loved to go around and visit all of the staff. He always wanted to know our name and never forgot us even when he hadn't seen us in a while. He had some wonderful friends here in Auburn who took great care of him to make his last years much better than the ones that he had growing up. Whenever we would greet us, he would ask, you know me?.. how you know me? Bernie was one of our very special members who holds many memories for us. We hope he is now at rest and at peace. He was just one more reason why the YMCA is a great place to work and be a member.

January is almost over and the days are getting longer. Now we march onward toward summer, a little bit of warmth



(although we have been lucky this year) and more new programs. Registration has begun for **Little League** and **Hitting League** will be beginning shortly. Be sure to register your child early to insure a spot for them. And always, feel free to come and visit us and we would be happy to help and show you around.