

BE Someone Who Matters
TO Someone Who Matters!



Pick up an application to
become involved
Or for more information
contact Johanna in the
Y-Pals office
at 253-5304
extension 118
or
johanna@auburnymca.

THE MENTORING EFFECT *in real life*

One in three young people
are growing up without a mentor.








This is the mentoring gap in America.



1 in 3

This means that **one-third** of our nation's young people are growing up without a mentor to offer real life guidance. For young people who face a variety of risk factors that could lead them to become disconnected from school and work, the mentoring effect is linked to significant positive outcomes.

WITH A MENTOR, AT-RISK YOUTH ARE:

-  **52%**
less likely than their peers to skip a day of school
-  **55%**
more likely be enrolled in college
-  **46%**
less likely than their peers to start using drugs
-  **81%**
more likely to report participating regularly in sports or extracurricular activities
-  **78%**
more likely to volunteer regularly in their communities
-  **130%**
more than twice as likely to say that they held a leadership position in a club or sports team
-  **90%**
Respondents who had a mentor said they are now interested in becoming mentors



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MENTORING WORKS!



January is National
Mentoring Month
Y-Pals Volunteer
Mentor Information



Auburn YMCA-WEIU
27 William Street
Auburn, NY 13021
315-253-5304
www.auburnymca.org

Become a Y-Pal! Make a difference!

For more information on becoming a mentor fill out the information below and someone will contact you.

Contact information:

Name: _____

Address: _____

Phone#: _____

Email: _____

Comments: _____

Auburn YMCA-WEIU
Y-Pals Mentoring Program
27 William Street
Auburn NY 13021
315-253-5304
www.auburnymca.org

What is Y-Pals?

Y-Pals is a mentoring program that matches adults in our community with children ages 6-14. Y-Pals staff conduct ongoing recruitment of adults who will commit to volunteer a minimum two times a month to spend time with a child. Y-Pals staff assist adult mentors throughout the year-long commitment. For example, once a month a Y-Pal event is held for mentors and their Y-Pals. A mentor may also bring their Y-Pals to the YMCA during the time they are together without a charge!



**Be a Y-Pal mentor
and
give the future
someone to look up to.**

How do I mentor? It's Simple!

- Be yourself
- Provide your companionship to a child at least 2 times a month.
- Be a good role model
- Enjoy spending time with a child who looks up to you.
- Be consistent and reliable

What do you do with your Y-Pal? Anything!

- *Go for a picnic
- *Go bowling
- *Go to a movie
- *Go swimming
- *The options are endless.....

Requirements

- Be at least 18 years of age.
- Possess a valid drivers license and current auto insurance.
- Pass a background and reference check.
- Attend a training session
- Want to make a difference in a child's life.