The Annual Health Fair at the Auburn YMCA was a huge success. We had over 30 vendors who participated and they were kept busy the entire time that they were here. Over 120 people took advantage of the free blood cholesterol and glucose testing by the Auburn Community Hospital Laboratory. Everyone seemed to be very pleased with everything that we had there and a number of people said they look forward to the Health Fair every year. A huge thank you to the Cayuga Community Health Network for their financial support of this event. We could not do it without them.

It is always nice to hear a story from a member on the kindness of other members. Recently, a gentleman who is very involved in our early morning swim program came back to the YMCA after being out for a couple of months due to an injury. When he returned he remarked that the Y is like his family. He said that a lot of people sent cards, called and checked to see how he was. This happens all of the time but it is nice to hear that people are spreading the word about the fact that we care about our members. This is just another example of us building community within the YMCA, one group at a time.

The new session has begun and with it, we have volleyball league and badminton league starting up again. Both of these leagues use the very popular gym so please check to make sure that there are no leagues going on before coming down with the plans to spend a lot of time in the gym. On days of the leagues, the one gym that is open can be very crowded.

Our annual support campaign is now in progress. Many people do not understand that the YMCA is a charitable organization who helps those who are unable to meet financial requirements of membership to have a chance at membership at the YMCA. We are here for those who may be undergoing medical issues, who may have lost their jobs, who have extenuating circumstance that force them not to be able to pay for a membership. We tell our stories about our helping so that others might be encouraged to join our membership. We are a membership driven organization who relies heavily on the financial support of others to aid those who are less fortunate. When someone comes to you to tell our story, please listen and help us to support others. It is the right thing to do.

The annual YMCA luncheon will be held this year on Wednesday, March 20 at noon at Highland Golf Club. It is at this luncheon that we will tell our stories from those who have had the experience of having the YMCA make a difference in their lives. There will be some tears and some laughter. We will also be honoring our member of the year as well as our departing board members, Laura Coburn, Jill Fandrich, and Marie Nellenback. We will also be handing out the spirit awards for each branch and electing new board members. The cost for the luncheon is $20 and you may make reservations at the member service desk. Hope to see all of you there. It is a very positive experience.

Effective Monday, March 11, 2013 the Auburn YMCA will no longer be selling guest passes. This decision was made in order to better serve our members and allow them the opportunity to have space in all areas of our facility. This policy will continue until at least April. Thank you for your understanding.