



the STINGRAYS

EVERYONE SWIMS EVERYONE WINS

SWIM TEAM



CLINIC

ages 5-12

Sept. 17-20

6:00-7:00pm



For new swim team members & potential members of the Stingrays Swim Team. Tryout gives the swimmer a taste of what it's like to be in team practices & enjoy the camaraderie of being part of a swim team. Participants must be able to swim 25 yards unassisted with rotary breathing.

Bring a swim suit, goggles & towel.

ALL PARTICIPANTS RECEIVE A FREE SWIM CAP!

FREE & OPEN TO THE PUBLIC



STINGRAYS SWIM TEAM

ages 5-18

The Auburn Y Stingrays is one of the most competitive programs in NYS. Team is open to swimmers who can swim one length of the pool using the crawl stroke utilizing rotary breathing. Swimmers should have passed level 4 of lessons.. Swimmers can compete through high school & even into college during the summer. Practices are held 2 to 6 times per week depending on age and level of commitment. Fall session meets Sept. - Feb. & Summer session meets April-Aug. For swimmers qualifying for state and nationals the season extends into April.

Note: National Y rules require that all swim team members be members of the Y. Youth memberships are available for only \$19/month.

Start	Days	Hours	Level	Ages	Fee
Sept 17	Mon-Fri	4:30-6:00pm	A & B	ages 13 & ↑	\$350
Sept 17	Mon-Fri	4:30-6:00pm	C	ages 11 & 12	\$350
Sept 24	Mon-Th	6:00-7:00pm	D & E	ages 10 ↓	\$275

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