



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CARING FOR KIDS

ASHI CHILD & BABYSITTING SAFETY COURSE

Ages 11-16

The new Child and Babysitting Safety (CABS) program from ASHI gives teenagers everything they need to know for safe and successful babysitting. From getting started with their business, to dealing with parents and children, to key safety, caregiving, and first aid tips, the magazine-format CABS guide and vlogger-style video make learning fun.

May 18, June 15, July 11 and 27
10:00-3:30 pm Lunch Provided

Course Topics Include:

- **Becoming a Babysitter**
 - What is a babysitter
- **Preparing to Babysit**
 - Preparing to babysit
 - Thinking like a babysitter
 - Being ready to babysit
 - Babysitting business basics
 - Getting to know the family
- **Taking Care of Kids**
 - Caring for kids & their basic needs
 - Handwashing & hygiene
 - Food preparation
 - Diapering
 - Helping kids use the bathroom
 - Playtime
 - Managing challenging behavior
 - Naps and bedtime
- **When Things Go Wrong**
 - When things go wrong
 - Recognizing a problem
 - Taking action •
 - Getting help •
 - Before help arrives
- **Staying Safe**
 - Safety on the job
 - Safe and supervised

Class Fee: Y-Members \$40
General Public \$60

- All classes will meet at the Auburn Y. **Pre-registration is required. Registration deadline two days before class. Participants please bring a baby doll with you, if you have one. Space limited to 8, sign up early!**

For more information or to register call the Auburn Y at 253-5304 or stop by the member services desk, 27 William Street, Auburn NY 13021

