



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# CELEBRATE!

## Active Older Adult Day



Here at the Auburn YMCA we aim to serve everybody in our community. This day of activities will offer a variety of classes and activities. Members bring a guest and introduce them to all the Y has to offer!

**Thursday, May 23**

**Join in a Class...Bring a Friend**

- 9:15am...Forever Gold
- 9:30am...Aqua Hiit
- 10:30am...Line Dancing



**Memorial Day Picnic ...11:30am in the B-Gym**

**\* FOOD \* FUN \* PRESCHOOL PARADE\***

**\$10 per person**

**Registration Deadline: Friday, May 17**

**Includes Food, Beverages & Entertainment**

**Picnic Food (hotdogs, salads, chips)**

**& Burgers provided by Burger Theory**

For more information, contact Laura Clary, Wellness Director at 315-253-5304 ext 117 or [laura@auburnymca.net](mailto:laura@auburnymca.net) or Erin Johnson, at 315-253-5304 ext 106 or [erinj@auburnymca.net](mailto:erinj@auburnymca.net)

